

HOLY COMMUNION

or THE LORD'S SUPPER

1 *At the entry of the ministers a psalm or hymn is sung.*

2† *The verse of the day is read.*

3 *The presbyter welcomes the people with these words:*

The Lord be with you

All **And also with you**

From Easter to Pentecost, the Presbyter says:

Alleluia! Christ is risen.

All **He is risen indeed. Alleluia!**

4b† **Almighty God,**
you bring to light things hidden in darkness,
and know the shadows of our hearts:
by your Spirit,
cleanse us, revive us and renew us,
that we may walk in the light,
and glorify your name,
through Jesus Christ, the light of the world. Amen.

5b† OUR LORD'S SUMMARY OF THE LAW

Our Lord Jesus Christ said:

The Lord our God is the only Lord, and you shall love the Lord your God, with all your heart, with all your soul, with all your mind, and with all your strength. This is the first commandment. The second is this: Love your neighbour as yourself. This is a new commandment I give you: love one another, as I have loved you.

Answer **Lord have mercy upon us,**
and write all these your laws on our hearts
we pray.

6 *A presbyter reads two or more of these verses:*

Hear the words of comfort our Saviour Jesus Christ says to all who truly turn to him: Come to me all who labour and are heavy laden, and I will give you rest.

Mat 11:28

Hear also the words of Saint Paul.

This saying is true and worthy of full acceptance, that Christ Jesus came into the world to save sinners.

1 Tim 1:15

Hear also the words of Saint John.

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins.

1 John 2:1

God so loved the world that he gave his only Son, that whoever believes in him should not perish but have everlasting life.

John 3:16

7 *Then the presbyter says:*

Let us keep silence for a moment, to remember our sins.

Then he says:

Let us confess our sins , in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all people.

All **Almighty God,
our heavenly Father,
we have sinned against you,
and against our neighbours,
in our thoughts,
in our words,
and in our deeds,
in the evil that we have done,
and in the good that we have not done,
through our own deliberate fault.
We truly repent of our sins.
For the sake of our Lord Jesus Christ,
forgive us all that is past;
enable us to serve you from now on
in newness of life,
to the glory of your name. Amen.**

8 *The presbyter declares the remission of sins.*

Almighty God, who forgives all who truly repent; have mercy upon *you*, pardon and deliver *you* from all your sins, confirm and strengthen *you* in all goodness, and keep *you* in eternal life; through Jesus Christ our Lord. **Amen.**

9 *The Gloria is said or sung*

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

RECEIVING THE WORD OF GOD

10 *The presbyter says the COLLECT OF THE DAY, first saying:*

- The Lord be with you
- All* **And also with you**
Presbyter Let us pray...
- 11 *Two or three passages from the Holy Scriptures are read, the last being the Gospel.*
- 12 *All sit. A passage from the OLD TESTAMENT is read. The reader first says:*
 Hear the word of God as it is written in...
And at the end the reader says: This is the Word of the Lord.
All **Thanks be to God**
- 13* *A psalm or hymn may be said or sung.*
- 14 *All sit. A passage from the NEW TESTAMENT is read. The reader first says:*
 Hear the word of God as it is written in...
And at the end the reader says: This is the Word of the Lord.
All **Thanks be to God**
- 15* *A psalm or hymn may be said or sung.*
- 16 *All stand. A passage from a GOSPEL is read. The reader first says:*
 Hear the holy Gospel,
 as it is written ...
All **Glory be to you, O Lord.**
After reading the Gospel, the reader says:
 This is the Gospel of Christ.
All **Praise be to you, O Christ,**
 for your holy Gospel.
- 17 *SERMON*
 The sermon may be followed by short prayers, a song, or silence.
- 18† *All stand. THE NICENE CREED*

THE PRAYERS OF THE CHURCH

- 19a† *Minister* Let us pray for the Church and for the world, and let us thank God for his goodness.
 We remember all bishops, especially our Archbishop N, and the Bishop of our Diocese N, and the leaders of all the churches: may they be blessed with wisdom and unity.
- All* **Good Lord, hear us.**
- Minister* May the leaders of our country rule with justice.
- All* **Good Lord, hear us.**
- Minister* May righteousness be our shield and our protector.
- All* **Good Lord, hear us.**
- Minister* May the country be at peace; and the people be blessed.
- All* **Good Lord, hear us.**
- Minister* May the herds increase; and the fish in the lakes be many.
- All* **Good Lord, hear us.**
- Minister* May the fields yield abundantly; may the harvests be great.
- All* **Good Lord, hear us.**
- Minister* May all artisans and traders see the benefit of their labours.
- All* **Good Lord, hear us.**

Minister May we and our enemies turn from strife and seek peace.
All **Good Lord, hear us.**
Minister May the strength of the Lord support all who are sick.
All **Good Lord, hear us.**
Minister May the Lord's love comfort the bereaved, the oppressed, widows,
orphans, and the lonely.
All **Good Lord, hear us.**
Minister May the paths and roads of the world be swept clean of all dangers.
All **Alleluia. The Lord of mercy is with us. Amen.**
The minister may invite others to pray, using these words:
Let us continue to pray for ourselves
and for our brothers and sisters...

*In a time of quiet, some may pray out loud, one at a time, and others may pray in
secret. After a few minutes, the minister may say:* Our trust is in
you, merciful Lord.

All **We rely on you alone, O God of love. Amen.**

20 THE LORD'S PRAYER. *The minister says:*

As our Saviour commanded and taught us, we are bold to say:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

THE PEACE OF THE LORD

21[†] *All stand. Before greeting the people, the presbyter says one of these
introductions (chosen according to the season or the theme of the service):*

- a We are the body of Christ, because in the one Spirit we were all baptised into
one body. Let us then pursue all that makes for peace and builds up our
common life, together with everyone, every day. *1 Cor 12:13,
Rom 14:9*
- b Christ is our peace. He has reconciled us to God in one body by his cross. We
meet in his name, and rejoice together in his peace.
Ephesians 2:16
- c Christ our Saviour is the Prince of Peace; of the increase of his reign and peace
there will be no end. *Isaiah 9:6-7*
- d Jesus said: Peace I leave with you; my peace I give you; I do not give to you as
the world gives. Do not let your hearts be troubled, and do not be afraid.
John 14:27

- e The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Since we live by the Spirit, let us seek the leading of the Spirit. *Galatians 5:22-23,25*

Presbyter The peace of the Lord be always with you

All **And also with you.**

The presbyter may say: In the love of Christ,
let us give one another peace.

The people greet each other.

THE FEAST OF THE LORD'S TABLE

- 22 *The presbyter prepares the bread and wine on the Holy Table, while the people sing a hymn, and give their offerings. The presbyter prays over the offerings.*

The presbyter says the EUCHARISTIC PRAYER: 22a or 22b or 22c.

22b *Presbyter* The Lord be with you

All **And with your spirit.**

Presbyter Lift up your hearts.

All **We lift them to the Lord.**

Presbyter Let us give thanks to the Lord our God.

All **It is good and right so to do.**

Presbyter Indeed, it is our joy to thank you,

O heavenly Father, for you created all things:

the stars, sun, moon, and this world;

hill and valley, forest and field, river and lake,

and all that dwell in them.

You created human beings,

making them more intelligent and powerful than all the animals;

and you chose one nation to know more of you.

We give you thanks,

because when your people rejected your will,

you called them to return to your ways,

by filling the prophets with your Holy Spirit,

to be witnesses to your righteousness and power.

With the words that the prophet Isaiah heard in the temple,

we join with the angels and archangels,

and all the host of heaven,

praising you forever, and saying,

All **Holy, Holy, Holy,**

Lord God of power and might,

Heaven and earth are full of your glory,

Glory be to you, O Lord most high.

Blessed is he who comes in the Name of the Lord.

Hosanna in the highest.

We give you thanks, O loving Father,

for you sent your Son,

to be born as man,

to show us your likeness,

and to save people of all nations,

by dying for our sake on the cross.

On the same night that he was betrayed he took bread^(a)
and, after giving you thanks, he broke it^(b)
and gave it to his disciples saying,

“Take, eat,^(c) this is my Body
which is given for you;
do this in remembrance of me.”

In the same way, when they had eaten,^(d)
he took the cup; and after giving you thanks,
he gave it to them, saying,

“Drink this all of you,
for this is my blood^(e) of the new Covenant,
which is shed for you and for many,
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

**All Christ has died;
Christ is risen;
Christ will come again.**

Presbyter We give you thanks, because you fulfilled his promise,
by sending us the Helper, the Holy Spirit,
so that the Good News of your love
might be known throughout the world.

And now, as we do this in remembrance of Jesus,
grant, by the power of your Spirit,
that we may be partakers of his Body and his Blood.

Renew us through your Spirit,
that together with your worldwide church,
we may serve our neighbours in your love,
draw all people to you,
and reveal your glory,

Father Almighty, now and forever:

**All Blessing and honour,
And glory and power,
Be yours for ever and ever. Amen.**

The service continues with N° 23

22c *Presbyter* Almighty Father,
you are with us at all times and in all places;
we lift our hearts and voices to glorify your name:

All We praise your holy name!

Presbyter Holy and perfect God,
source of righteousness and truth:
you are light, there is no darkness in you,
and you hate all sin.

All We praise your holy name!

Presbyter Loving God, friend of sinners:
you seek to gather your lost children
beneath your wings;

time and again you call us back to you.

All We praise your holy name!

Presbyter You sent your Son,
to be born of the Virgin Mary,
to be human like us, but without sin,
and you filled him with your Holy Spirit.

All Thanks be to Jesus Christ, he came to save us!

Presbyter He humbled himself to be the servant of all:
he healed, he taught, he drew near to those whom others rejected.
For the sake of our salvation, he died on the cross,
rose from the dead, and ascended into heaven.

All Thanks be to Jesus Christ, he came to save us!

Presbyter Before his death, at table with his disciples:
he took bread,^(a) gave you thanks, broke it,^(b)
and gave it to them, saying:

“Take eat,^(c) this is my Body
which is given for you.»

Afterwards he took the cup^(d), gave you thanks,
and gave it to them, saying:

“This is my blood^(e) of the new Covenant,
which is shed for you and for many,
for the forgiveness of sins;
do this, as often as you drink it,
in remembrance of me.”

All Thanks be to Jesus Christ, he came to save us!

Presbyter He did not leave his friends like orphans,
for your Holy Spirit came to comfort them, to sanctify them, and to empower
them.

Father, we praise your name forever,
because your Spirit gives us life, unity and strength.

All May your Holy Spirit be with us every day!

Presbyter Today as we do this in remembrance of Christ,
through the power of your Spirit
may this bread be to us his body,
and this wine be to us his blood,
so that our hearts be made clean,
and we may be ready to obey your will.

All May your Holy Spirit be with us every day!

Presbyter Revive your church,
that it might be salt, yeast and light in the world,
bearing witness to your holiness and love,
while we wait for Christ's return in glory.

All May your Holy Spirit be with us every day!

Presbyter We worship you, Holy God,
without ceasing, on earth and in heaven,
forever and ever.

All Alleluia, alleluia, alleluia! Amen.

All **We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that we may evermore dwell in him
and he in us. Amen.**

24 *Presbyter:*

Draw near with faith, receive this holy sacrament of the body and blood of Christ as we remember that he died for our sake, and feed on him in our hearts by faith with thanksgiving.

The Presbyter and other ministers receive the bread and the wine.

25* *The minister distributing the bread may say:*

The body of our Lord Jesus Christ, which was given for you, preserve your body and soul unto eternal life. Take this, eat remembering that Christ died for you, and feed on him in your heart by faith with thanksgiving.

And the minister distributing the wine may say:

The blood of our Lord Jesus Christ which was shed for you, preserve your body and soul unto eternal life. Drink this remembering that Christ's blood was shed for you, and give thanks.

26 *Then the ministers distribute the bread and wine to the people, using the words of 26a, 26b or 26c. While the people are receiving, silence should be kept at first, but later prayerful songs may be sung.*

26a *Those distributing the bread and wine say to each person:*

The body of Christ. *or* The blood of Christ.

And each one receiving replies: Amen.

OR _____

26b *For the bread:*

Take this and eat remembering that Christ died for you, and give thanks.

For the wine:

Drink this, remembering that Christ's blood was shed for you, and give thanks.

OR _____

26c *For the bread:* The body of Christ, the bread of heaven.

For the wine: The blood of Christ, the cup of salvation.

And each one receiving replies: Amen.

27 *If the consecrated bread and/or wine is finished before everybody has received, the Presbyter adds more, saying these words:*

Merciful Father, as we remember your Son, who gave his body and blood for our sake, grant that...

...as we eat this bread we may be partakers of his body;

...(and) as we drink this wine we may be partakers of his blood;

through the power of the Holy Spirit. Amen.

28 *If consecrated bread and wine are left over, they are consumed by the Presbyter and other communicants whom he invites, straightaway, or after the Blessing, with respect.*

THE GOING OUT OF THE PEOPLE OF GOD

29 *All:* **Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you
our souls and bodies
to be a living sacrifice.
Send us out into the world
in the power of your Spirit
to live and work
to your praise and glory. Amen**

30* *An appropriate sentence may be said.*

31† *The Presbyter, or the Bishop if present, says the Peace and Blessing, or a seasonal blessing.*

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

32 *A minister dismisses the people with these words:*

In the season of Easter:

Minister The Lord be with you,

All **And with your spirit.**

Minister Go in peace to love and serve the Lord.

Alleluia!

All **In the name of Christ. Alleluia! Amen.**

OR

At other times:

Minister The Lord be with you,

All **And with your spirit.**

Minister Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**
